Tech Up Your Day-To-Day: Selecting Resources to Promote Efficiency and Engagement in Your Practice

GSHA
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Disclosures

* **Receive royalties for 5 apps developed with Smarty Ears Apps.**

* **Contractual relationship with Mindwing Concepts, create blog content related to products such as Story Grammar Marker, receive honoraria.**

* **Presented for various local and national organizations on tech integration, including Social Thinking®**

* **Speaker received financial compensation from GSHA for the contents of this presentation.**

* **Nonfinancial Disclosures: Member, ASHA**

* **Nonfinancial: creator of blog SpeechTechie, contribute columns for ASHA Leader**

Equipping with iPad

* **Tasks: You Name It! Productivity and Therapy**

* **Resources: Variety of models available, refurbished is a good idea!**

* **New: iPad ($329/429)**

* **Rationale: Portable, Engaging, Diverse Tools available**

* **Also consider: Chromebook**
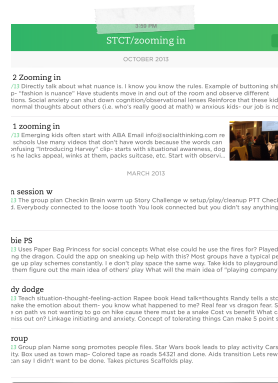
Photo from Flickr Creative Commons: Sean MacEntee

Echo Dot/Alexa "Skills" ($35/free)

- Activate skills by voice or through Alexa app
- Examples: 1-minute mindfulness
- Sleep Sounds environmental sounds
- Alexa also has games good for language and social interactions such as 20 Questions
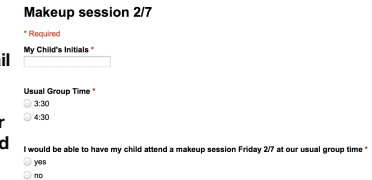
Note-taking

* **Tasks: Meeting and consultation notes**

* **Resources: Google Keep**

* **Notes app on iPad, Evernote, Google Docs**

* **Rationale: Portable, categorical, accessible on multiple devices**
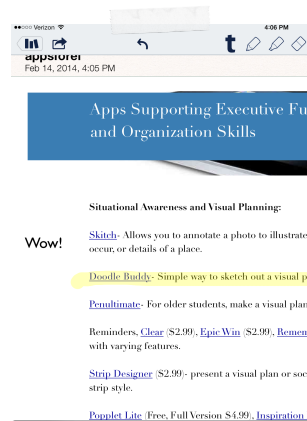
* **Avoid use of client-identifying information**

Sharing and Collaboration

* **Tasks: Scheduling, Collecting Information and Data, Building Shared Resources**

* **Resources: Google Apps (G-Suite): Calendar, Drive (Docs/Forms), even Mail**

* **Rationale: Easy electronic sharing and collaboration, behind password wall (or not), accessible on multiple devices and platforms**

* **Avoid use of client-identifying information**

* **See also: Dropbox**

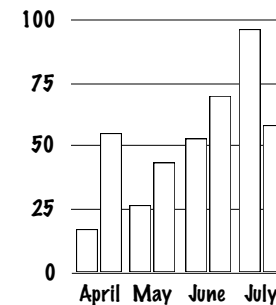* **Review and accept a BAA for Google if including PHI in documents**

PDF Annotation

* **Tasks: Research, Therapy Materials, Signing of Contracts and other Docs**

* **Resources: Adobe Acrobat Reader, Mac Preview, Notability app for iPad**

* **Rationale: Provides paperless access to articles with note-taking, client engagement with sharable worksheets**

* **Note: PDF Files from commercial products also give families a window to treatment**
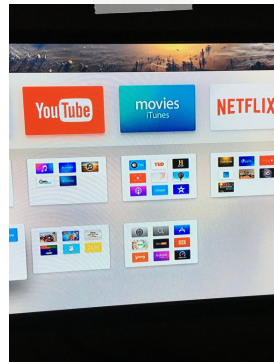
* **See also: Sente (for research articles)**

Tools for Expenses, Taxes

- Tasks: Tracking expenses
- Expensify app
- Aggregate e-receipts, also allows time and mileage tracking.
- P.S. See Tripit for aggregating travel info
- See also Evernote!

Apple TV

* **Tasks: Displaying visuals for clients, families, staff, other professionals**

* **Resources: HDTV or projector ($399-up depending on size and brand), Apple TV ($69+) can be used with or without iPad/iPhone/Mac (though better with, through process of "mirroring")**

* **Rationale: Access to visible, dynamic content for engagement.**

* **See Keynote app ($9.99 for iPad or free with newer devices). Chromecast for alternative.**

Video demonstration of Apple TV

Planning/Organization: Put Frequently Used Visual Supports in iBooks

6 second story

Who?	Where?	When?	What?
Character	Setting		Action

(in any order)

Expected behaviors to show interest after someone shares a 6 Sec. Story:

-**Ask a wondering question:** Who/what/when/where/why/how

Engagement through Apps!

* **Tasks: Wide range of therapy activities**

* **Resources: "Dedicated" or "Repurposed" Apps range in cost. Example: Pic Collage (free), Book Creator ($4.99)**

* **Yapp Guru website excellent source of information on dedicated therapy apps**

* **Rationale: Reduced prep time, engagement, sharable products and data, endless functional contexts**

Sync with Context through Technology

- See the work of Ehren, Wallach, Ukrainetz on contextualized therapy and educational relevance (it's easier to plan, not harder)
- Fang on disciplinary literacy (2013)
- Technology can bring any context to the table- and engage!
- Google Earth for Social Studies underpinnings and more…
- Websites (for the most part must use laptop, desktop, CB):
-Brainpop (also app)
-UEN Interactives bit.ly/ueninteractives
-learningscience.org
-Interactive Sites for Education
-Older clients: GCFlearnfree.org
Apps- see App Store Education Category, apps from TinyBop

Sync with Context through Technology

- **EPIC BOOKS FOR KIDS**

Sharing information about your practice (Macro)

* **Tasks: Disseminating news, photos, current information both for education and general updates**

* **Resources: Blog features of website, or start a separate blog linked to your site (e.g. Wordpress, Blogger, free, barring need for technical assistance)**

* **Rationale: Instantaneous publishing, electronic and sharable, can "Re-blog" with permission from other sites, leading to…**

Be The Parent You Want To Be – Hosted by Think:Kids

March 7, 14, 21, & 28 – BE THE PARENT YOU WANT TO BE! An Introduction to the Think:Kids Collaborative Problem Solving approach

Do you ever feel frustrated with your child? Find yourself shouting often and imposing punishments or rewards in reaction to challenging behavior? Do you wish you had a more effective parenting approach that also helps to build a better relationship between you and your child? The Collaborative Problem Solving parenting model is a strength-based, neurologically grounded approach based in MGH's Think:Kids program, that provides parents with concrete tools to better understand and parent their kids in the face of day-to-day challenges – e.g., getting to school, homework, screen time – and more serious challenges. CPS helps parents to:

- Foster positive relationships with their child
- Build their child's skills in self-regulation, communication and problem-solving
- Reduce their child's challenging behavior
- Solve problems collaboratively and proactively

For more information and to register for the March CPS training at the Ely Center in Needham, please visit: BeTheParentYouWantToBe.weebly.com

Our Partnership with Mindwing Concepts, Inc. yielded several wonderful workshops over the Fall Semester, including an extensive Ely Center staff training, Mindwing's first two-day intensive certification workshop, and a day-long exploration of integrating technology with Mindwing's tools for language comprehension, organization, and social development. The workshops brought speech-language pathologists and other professionals from around the country (and beyond!) to learn in the Ely Center's new space.
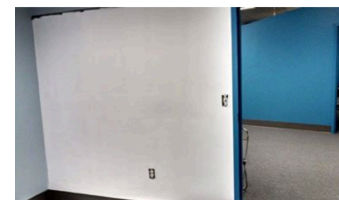
Sharing information about your practice (Micro)

* **Tasks: Disseminating news in small bites where your clients access information, such as…**

* **Resources: Twitter, Facebook (free)**

* **Rationale: Can establish open portal to your practice, easily sharable by others (viral)**

Great job outfitting our therapy rooms with Idea Paint, A&A Painting. Our therapists and group members will now be able to use our dry–erase walls to visually depict all kinds of social concepts!

Idea paint, dry erase walls painted at the ELY CENTER in Newton.

Jazz up your Bulletin Board

* **Tasks: Advertising, Info Flyers**

* **Resources: Canva (on web or mobile)**

* **Rationale: Super-Easy, snazzy signs- Free!**

* **Make QR codes with many websites**

"Like" The Ely Center on Facebook
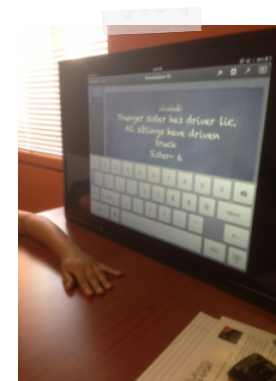
Scan this code (with free QR code scanning app such as Qrafter) or visit www.facebook.com/elycenter

Tech Up the Waiting Room

* **Tasks: Providing access to electronic resources in your "analog" space**

* **Resources: QR Code Generator (e.g. the-qrcode-generator.com), client smartphone or iPad**

* **Rationale: Provide instant link to document, video, or other resource from your bulletin board. Engaging, kids can become involved**
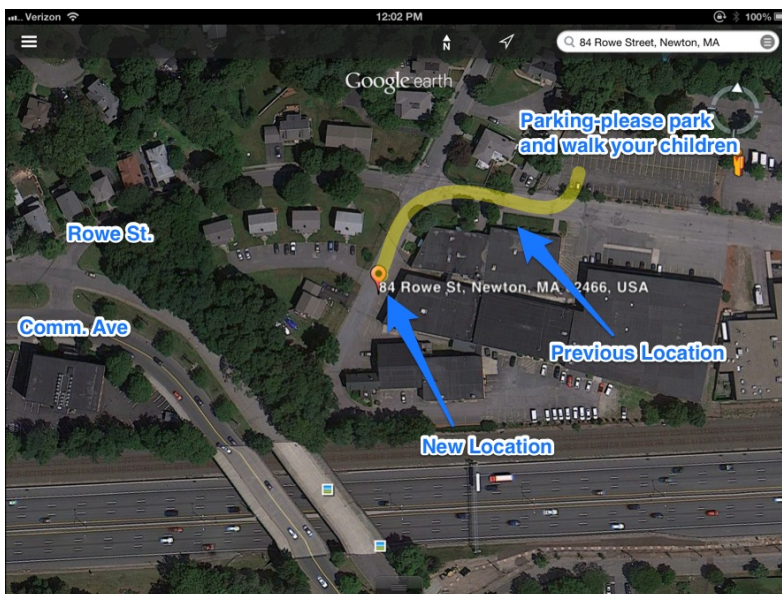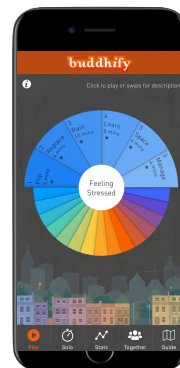
Video demonstration of QR Code

Photos say it all

* **Tasks: Providing visuals regarding news or treatment strategies**

* **Resources: Smartphone or iPad camera**

* **Rationale: "The Best camera is the one you have with you," instant creation of visual resource for communication**

* **Note: Annotating photos lets you add key information, as in the following map of our practice location!**
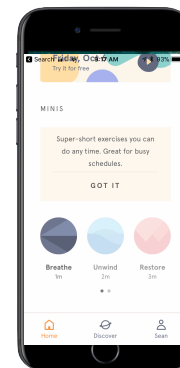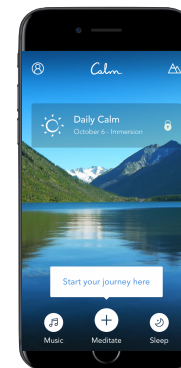
* **Avoid use of clients in photos**

Hack your own Zones with Mindfulness tools

Buddhify ($4.99) is strategic. Also see Sleepfulness

Headspace (free, sub) is sequential, visual, has "minis"

Calm (free, sub) is centered around visual scenes

Q/A

Thanks for coming!!

Find more at:

SpeechTechie
Looking at **technology** through a **language** lens.

sean@speechtechie.com
twitter.com/speechtechie
facebook.com/speechtechie
pinterest.com/speechtechie

Additional Resources:
bit.ly/ishatechup